

### EXTERNAL ASSETS

#### *Support*

- ◇ Young person would respond he/she receives high levels of love and support from family members.
- ◇ Young person would respond he/she would come to parent for advice and support and have frequent, in-depth conversations.
- ◇ Young person would respond he/she knows non-parent adults he/she can go to for advice.
- ◇ Young person would respond he/she has neighbors that encourage and are supportive of them.
- ◇ Young person would respond their school is a caring, encouraging environment.
- ◇ Young person would respond that their Parent(s) are actively involved in helping them succeed in school.

#### *Empowerment*

- ◇ Young person would respond he/she feels valued by adults in our community.
- ◇ Young person would respond he/she is given useful roles in the community.
- ◇ Young person would respond he/she serves in the community one hour or more per week.
- ◇ Young person would respond he/she feels safe at home, school and in the neighborhood.

#### *Boundaries & Expectations*

- ◇ Young person would respond his/her family has clear rules and consequences and parents monitor whereabouts.
- ◇ Young person would respond his/her school provides clear rules and consequences.
- ◇ Young person would respond that neighbors take responsibility for monitoring young people's behavior.
- ◇ Young person would respond his/her parent(s) and other adults model positive, responsible behavior.
- ◇ Young person would respond his/her best friends model responsible behavior.
- ◇ Young person would respond his/her parent(s) and teachers encourage the young person to do well.

#### *Constructive Use of Time*

- ◇ Young person would respond he/she spends 3 or more hours per week in lessons or practice in music, theater or other arts.
- ◇ Young person would respond he/she spends 3 or more hours per week in sports, clubs or organizations at school and/or in the community.
- ◇ Young person would respond he/she spends 1 or more hours per week in activities in a religious institution.
- ◇ Young person would respond he/she is out with friends "with

### INTERNAL ASSETS

#### *Commitment to Learning*

- ◇ Young person would respond he/she is wants to do well in school.
- ◇ Young person would respond he/she is actively engaged in learning.
- ◇ Young person would respond he/she reports doing at least 1 hour of homework every school day.
- ◇ Young person would respond he/she cares about her or his school.
- ◇ Young person would respond they read 3 or more hrs. a week.

#### *Positive Values*

- ◇ Young person would respond he/she places high value on helping other people.
- ◇ Young person would respond he/she places high value on promoting equality and reducing hunger and poverty.
- ◇ Young person would respond he/she acts on convictions and stands up for her or his beliefs.
- ◇ Young person would respond he/she "tells the truth even when it is not easy."
- ◇ Young person would respond he/she accepts and takes personal responsibility.
- ◇ Young person would respond he/she believes it is important

#### *Social Competence*

- ◇ Young person would respond he/she knows how to plan ahead and make choices.
- ◇ Young person would respond he/she has empathy, sensitivity and friendship skills.
- ◇ Young person would respond he/she has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds.
- ◇ Young person would respond he/she can resist negative peer pressure and dangerous situations.
- ◇ Young person would respond he/she seeks to resolve conflict non-violently.

#### *Positive Identity*

- ◇ Young person would respond he/she feels he or she has control over "things that happen to me."
- ◇ Young person would respond he/she has high self-esteem.
- ◇ Young person would respond that "my life has a purpose."
- ◇ Young person would respond he/she is optimistic about his/her personal future.

**Learn more about The Legacy Center at:**  
[www.tlc4cs.org](http://www.tlc4cs.org) or [www.facebook.com/tlc4cs](https://www.facebook.com/tlc4cs)